

# The Harm of mRNA Vaccines

## An Example of Conventional Medicine and the Harm it Does

COVID-19 and the mRNA vaccines to prevent the spread of the disease are a recent example of the harm done by those mRNA vaccines. Here's my story....

### About My Interest in Natural Medicine

Growing up in the 1950s, our family MD was not like the MDs we have today, but rather like the ones from the late 1800s-mid 1900s. He didn't have an office, but rather visited his clients at their home, and used natural/herbal remedies. I wanted to be a doctor just like him, so I was a Pre-Med in college. But how shocked I was when I went to my first Med-School interview! I realized their books were written by the pharmaceutical companies, and cited pharmaceutical remedies for every problem and disease. As a bio-chemist, I was so shocked, and lost my interest in going into medicine. I became an engineer instead.

But I have continued to follow natural medicine throughout my entire life, and I read articles by Naturopaths and doctors like Dr Mercola who believe in natural treatments, to keep attuned. The spread of COVID and the harm it does has become one of the most important medicinal problems of our day: the harm of modern pharmaceuticals.

### The Influence of Big-Pharma on Doctors and Prescribed Medications

Most MDs prescribe modern drugs made by Big-Pharma, and then receive money from the pharmaceutical company (our CDC also makes big money from Big-Pharma). Do you listen to Big-Pharma's ads on TV about the side effects? Common ones are "death, tuberculosis, heart attacks," and so on. This is NOT what medicines should be; should be about healing safely. How did this horrible change happen?

In the early 1900s, doctors learned that giving daily injections of insulin from pigs could save the lives of Type-I diabetics, if they continue to take the insulin for the rest of their lives. Big-pharma realized they could make lots of money if they invented drugs that treat the symptoms of a disease, rather than treating the disease, because the patients would have to take those drugs for the rest of their lives. What is wrong with that?

The answer: Disease symptoms are signs the body's immune system is working; deleting those symptoms with drugs disables the immune system from attacking the cause of the disease. Instead, this failure allows the disease to go deeper into the body's system, which can cause the listed side effects of the drug. Then Big-Pharma comes up with 2 options:

1. A new drug to treat the new symptoms ..... This goes on and on, costing the poor patient more and more money and ultimately leading to the patient's death; or
2. A new vaccine (and boosters) to stop the infection of the disease, but the vaccine can also cause long-term problems, because of the adjuvant in the vaccine.

### What is an Adjuvant:

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It is "*an ingredient used in some vaccines that helps create a stronger immune response in people receiving the vaccine.*" Typically, it is a very small amount of a toxic substance; the most common is aluminum salts. Some are from weakened or killed germs, or a protein from a germ, that contains naturally occurring adjuvants. (from a CDC article).

However, the adjuvant in the Pfizer-BioNTech and Moderna COVID vaccines is the virus's mRNA to create the its spike-protein. What is the mRNA?

Each mRNA is a specific sequence of nucleotides (copied from the molecule's DNA), that "*corresponds to the genetic sequence of a gene*" (from [Wikipedia](#)); it determines the order of amino-acids in a specific protein. The mRNA used as the adjuvant in the COVID mRNA vaccines is the one that determines the order of amino acids in the spike-protein. Once the mRNA enters a human cell, it can create more spike-protein in those cells, which then causes more and more damage to the body over time.

### My personal experience with COVID

I got a light case in 2020. It started with a sinus headache (because the COVID virus enters the body through the sinuses). I successfully treated that headache with a sinus tincture (contains usnea, nettle root, and butterbur) mixed with water, for 2 days, and it went away.

On the third day, I experienced true depression - something I'd never had before, but I recognized it because I have several friends who suffer from depression. For me, it lasted 2 days then went away. However, ever since that first depression, it has recurred for 2-5 days, many times over the next 2 years.

But what caused that depression? I believe it is the mRNA for the virus's spike-protein. That mRNA can enter any cells in the body to create more of the spike protein; when it enters brain cells, it can cause several problems, including depression and "brain fog" (a.k.a "senior moments"). And I've definitely had an increase in brain fog since I got COVID.

In October 2022, I finally decided to try a homeopathic remedy (30C *Natrum Muriaticum*), and it worked like magic - I became my cheerful and hopeful self again (see my article: [Introduction to Homeopathy](#) on Cat'sKitchen for more). However, I know that there could be new, future problems caused by that mRNA and the spike protein.

I have and will continue to refuse getting the vaccine because of the problems it causes (as discussed above). The mRNA adjuvant in the vaccine makes more spike-protein that does more and more damage in the body and especially in the brain, as time goes by.